

My health for life



THE
physiotherapy
CENTRE

more than just good physio

My Health For Life **Session Info**

Session 1

One- on- one session

This session must be completed prior to 1st May

Session 2 to 6

Group sessions

Wed, 1 May 2019 9.00am – 11.00am

Wed, 15 May 2019 9.00am – 11.00am

Wed, 29 May 2019 9.00am – 11.00am

Wed, 12 June 2019 9.00am – 11.00am

Wed, 11 September 2019 9.00am – 11.00am

Georgia & Mitch will be your health coaches and they can't wait to work with you towards your health goals.



Georgia Treasure
Physiotherapist



Mitch Jacobs
Physiotherapist

