



# connect

ALLIED HEALTH HUB

We thought it was about time that we introduced you to some of our team! We are quite proud of this lovely bunch of people! We love how we can work collaboratively together to help you achieve your health goals.

## Physiotherapy

We have 10 amazing Physios on our team! We have Charlene, Jo-Anne, Victoria, Mitch, Chelsea, Oliver, Georgia, Grace, Lois and Josh. Physiotherapy can repair damage following injury by speeding up the healing process and reducing pain and stiffness. Post-op rehab, chronic disease management, headaches, sports injuries,



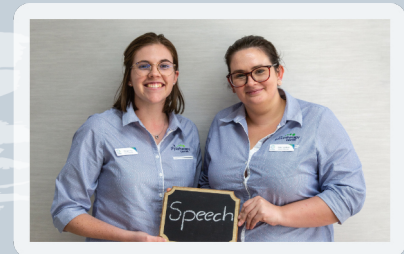
## Occupational Therapy

Meet our fantastic OT's. We have Nick, Sarah, Ashley, Chloe and Amelia. OT is very broad and can assist with Home Modifications, Assessment & treatment of Children with developmental delays, Driving Assessments, Work Station design and Ergonomics, Daily living aid prescription and the list goes on. They are nailing all things NDIS too!



## Speech Pathology

Speech is a newer arm of the business that we started 12 months ago. We are excited to have Kate and Maggie serving the community with us. Whether it is providing therapy for kids with speaking, listening and spelling difficulties or working with patients, including older adults who have swallowing or communication concerns, they are keen and eager to assist. They too are nailing all things NDIS!



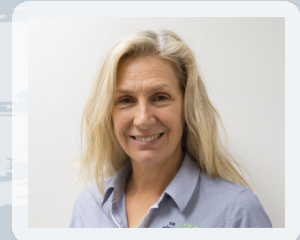
## Remedial Massage

Let us introduce you to our Remedial Massage therapists! Michael and Emily – what a team! Did you know that Massage stimulates the flow of lymph, the body's natural defence system against toxic invaders. It reduces muscular tension and minimises muscular imbalances in the body that cause neck and back pain and headaches. Do yourself a favour and book in – self care is important for everyone!



## Psychology

This year we have introduced Psychology here at Connect Allied Health Hub. Meet Gillian!!! Psychology is a part of life. It influences the way we think about everything from education and intelligence to relationships and emotions. Our Psychologists work with and help people across all age groups to learn how to build resilience, address mental health conditions and more effectively deal with life's challenges. Gillian too has embraced all things NDIS!



[www.connectalliedhealthhub.com](http://www.connectalliedhealthhub.com)

[www.thephysiocentre.com.au](http://www.thephysiocentre.com.au)



Ph: 4661 5577

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