

Class Times

These times don't suit?

Please ask! We will see how we can accommodate your time needs.

	Warwick	Stanthorpe
Exercise Class	Tues 10am Thurs 10am	Wed 10am
Core Strength Class	Mon 9am Thurs 9am Thurs 5.30pm	Wed 9am
Hydrotherapy Class*	Tues 1.30pm, 2.15pm Fri 1.30pm, 2.15pm *All at WIRAC	
Balance Class	Wed 2pm	Wed 11am
PHN Class	Mon 10.30am Thurs 11am	
NDIS Class	Wed 10.30am	



Book Online Now

www.thephysiocentre.com.au/book-online



The Physiotherapy Centre

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